



**Testimony**

**Month**

Special Guest:  
Pastor Melody Meckfessel



- 1 in every 8 people in the world live with a mental disorder
- Mental disorders involve significant disturbances in thinking, emotional regulation, or behavior
- There are many different types of mental disorders:
  - *Anxiety, Depression, Bipolar Disorder, PTSD, Schizophrenia, Eating Disorders, Disruptive Behavior Disorders, Neurodevelopmental Disorders*



## 2 Corinthians 10:3-5

<sup>3</sup> For though we walk in the flesh, we do not war after the flesh:

<sup>4</sup> (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)

<sup>5</sup> Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;



## Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



What's  
Our  
Plan?





## Deuteronomy 32:30

How could one man chase  
a thousand, or two put ten  
thousand to flight,  
unless their Rock had sold  
them,  
unless the LORD had given  
them up?





## 2 Corinthians 1:3-4

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, <sup>4</sup> who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.



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