

# HOW TO HANDLE THE HEAT



**Daniel 12:10**

**Many will be purified,  
made spotless and  
refined, but the wicked  
will continue to be  
wicked. None of the  
wicked will understand,  
but those who are wise  
will understand.**



# *How do I handle the HEAT?*

Know that God is with you.

Hebrews 13:5

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.



# *How do I handle the HEAT?*

Know that God cares about your struggle.

1 Peter 5:7

Cast all your anxiety on him because he cares for you.

# — *How do I handle the HEAT?*

Know that God understands your weaknesses.

Hebrews 4:15

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are yet he did not sin.

# — *How do I handle the HEAT?*

God controls your circumstances

Daniel 2:20-23

“Praise be to the name of God for ever and ever;  
wisdom and power are his.

21 He changes times and seasons;  
he deposes kings and raises up others.

He gives wisdom to the wise  
and knowledge to the discerning.

# — *How do I handle the HEAT?*

God controls your circumstances

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22 He reveals deep and hidden things;  
he knows what lies in darkness,  
and light dwells with him.

23 I thank and praise you, God of my ancestors:  
You have given me wisdom and power,  
you have made known to me what we asked of you,  
you have made known to us the dream of the king.”



— *How do I handle the HEAT?*

Know that God redeems your mistakes.

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Titus 2:14

(HE) who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.



# — *How do I handle the HEAT?*

Know that God has your future in His hands.

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Isaiah 43:18-19

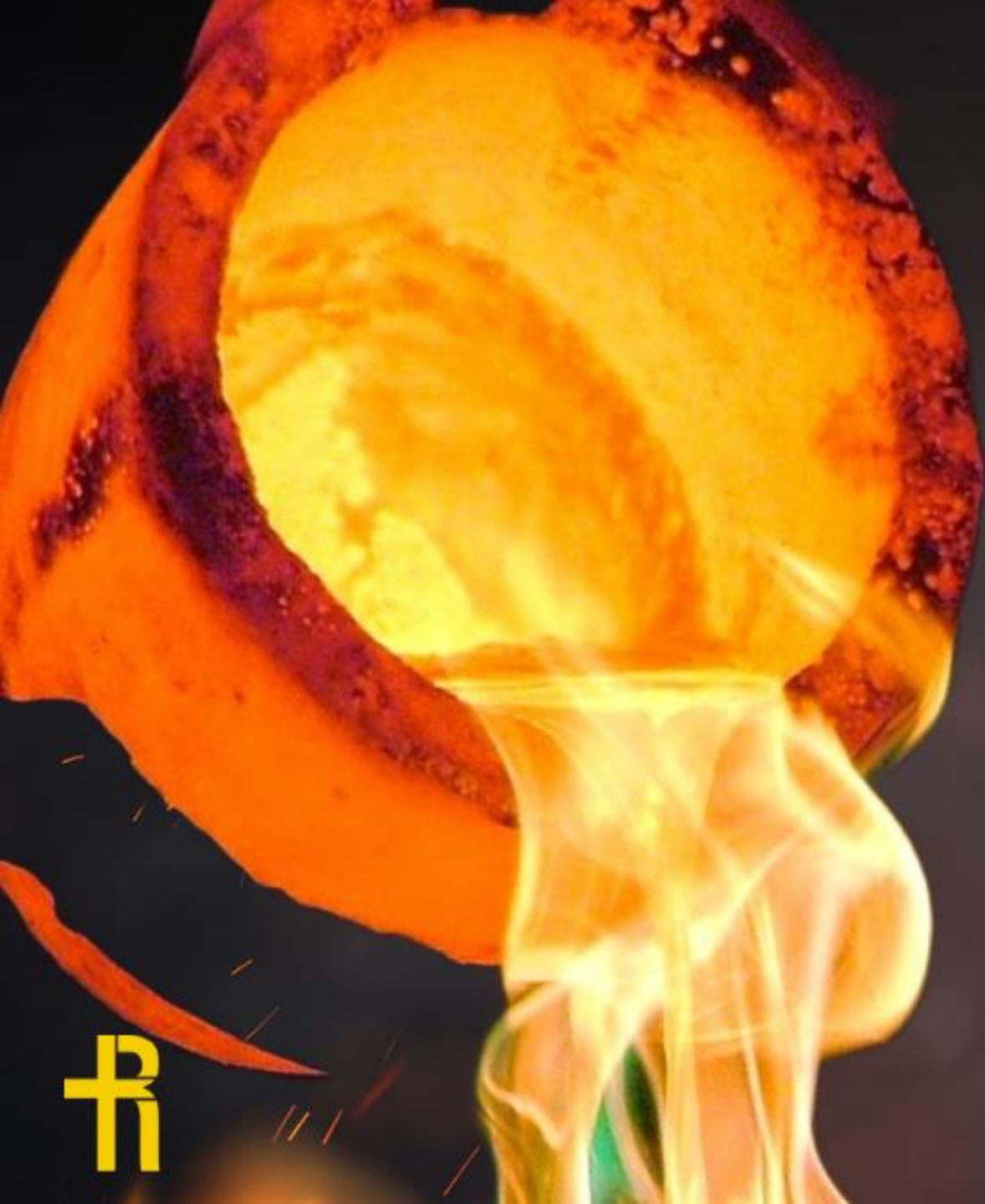
“Forget the former things; do not dwell on the past  
19 See, I am doing a new thing!

Now it springs up; do you not perceive it?  
I am making a way in the wilderness and streams in  
the wasteland.”



*If you can't handle the heat...make a confession!*

- I am a child of God! I John 3:1
- I am dead to sinful ways! Rom. 6:6
- I may want to sin, but I don't have to. Rom. 6:12
- When I respond in a sinful way, I am making a choice! Rom. 6:14
- I will not continue to sin! Rom. 6:1-2
- I have the power of Christ in me! Rom. 8:10-11
- My battle has already been won! Ephesians 2:6
- I will give God total authority over everything I do and say. Rom. 6:13
- I willingly submit to the convicting direction and guidance of the Holy Spirit. Gal. 5:16,25



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