

BITTERNESS
INTO
SWEETNESS



Exodus 15:22-27

22 Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they traveled in the desert without finding water.

23 When they came to Marah, they could not drink its water because it was bitter. (That is why the place is called Marah.) 24 So the people grumbled against Moses, saying, “What are we to drink?”

25 Then Moses cried out to the Lord, and the Lord showed him a piece of wood. He threw it into the water, and the water became fit to drink.

There the Lord issued a ruling and instruction for them and put them to the test. 26 He said, “If you listen carefully to the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you.”

27 Then they came to Elim, where there were twelve springs and seventy palm trees, and they camped there near the water.



Each one of us will face the opportunity
to be become Bitter.

Proverbs 14:10

Each heart knows its own bitterness,
and no one else can share its joy.



Bitterness can frame your life.

Ephesians 4:30-32

And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.



Bitterness can frame your life:

- **Distorted perception**
- **Relationship damage**
- **Emotional distress**
- **Self-sabotage**
- **Negative outlook**





Avoid the opportunity to murmur.

Exodus 15:24 So the people grumbled against Moses, saying, "What are we to drink?"

God always
provides a
remedy.

Exodus 15:25 Then Moses cried out to the Lord, and the Lord showed him a piece of wood. He threw it into the water, and the water became fit to drink.



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